



The Multiple Sclerosis Coalition

MISSION – The Multiple Sclerosis Coalition is an affiliation of independent MS organizations dedicated to the enhancement of the quality of life of all those affected by multiple sclerosis. The Coalition’s mission is to increase opportunities for cooperation, and provide greater opportunity to leverage the effective use of resources for the benefit of the MS community.

FOUNDING MEMBERS



*35 Years of Meeting the Challenge
1970-2005*



CONSORTIUM OF MULTIPLE SCLEROSIS CENTERS



THE MULTIPLE SCLEROSIS FOUNDATION



HELPING MAKE "A BRIGHTER TOMORROW" SINCE 1986

W E L C O M E

T H E M U L T I P L E S C L E R O S I S
F O U N D A T I O N

P R O G R A M S A N D S E R V I C E S

F O R M O R E D E T A I L E D I N F O R M A T I O N

P L E A S E C A L L O U R P R O G R A M
S E R V I C E
D E P A R T M E N T

1 - 8 8 8 - M S F O C U S

O R L O G O N T O O U R W E B S I T E

W W W . M S F O C U S . O R G



The mission of the Multiple Sclerosis Foundation, Inc. is to ensure the best quality of life for those coping with multiple sclerosis through the development of support services; to discover and support traditional and non-traditional healing modalities in the effort to treat multiple sclerosis; to educate the public about options for treatment; to aid research in discovering the causes of, treatment and the cure for multiple sclerosis.

We strive to heighten public awareness of multiple sclerosis and the Multiple Sclerosis Foundation in order to elicit public support, caring, and understanding for those diagnosed with the illness.

MSF services are provided free of charge throughout the country. Personal, attention is provided through the MSF Program Services department. Services include but are not limited to:

- **National Toll-Free Helpline**
 - **Educational Programs**
 - **Booklets and Brochures**
 - **Home Care Program**
- **Assistive Technology Program**
 - **Cooling Program**
 - **CAM Program**
- **Brighter Tomorrow Grants**
- **MSF Cruise for a Cause**
 - **Support Groups**
 - **We Care, We Call**
- **MSFocus Magazine**
- **Women's Wellness**
 - **Men and MS**
 - **Lending Library**
 - **Multimedia Library**
- **MSFYi Internet Newsletter**
 - **Internet Helpline**
 - **Internet Forums**

National Headquarters

6350 North Andrews Avenue • Fort Lauderdale, FL 33309-2130

National Toll-Free Helpline: (888) MSFOCUS (673-6287)

Administrative Offices: (800) 225-6495

Fax: (954) 351-0630 • E-mail: support@msfocus.org

Website: www.msfocus.org



HELPING MAKE "A BRIGHTER TOMORROW" SINCE

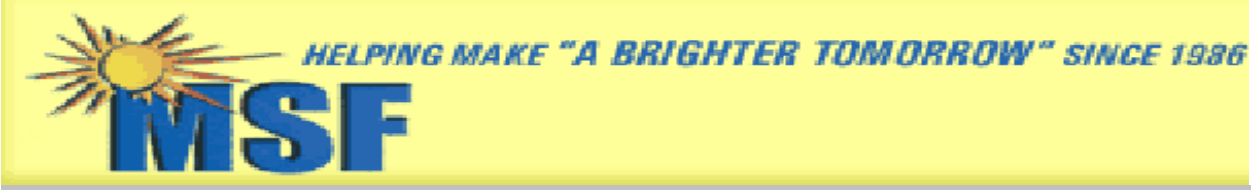
MSF

THE MSF COOLING PROGRAM

More often than not, heat and MS do not mix. As the body temperature rises, weakness, fatigue, visual disturbances, and other symptoms can become aggravated and temporarily worsen. While heat does not actually make MS worse, it does alter the passage of nerve impulses, causing a feeling of weakness, especially in the limbs.

But keeping the body cool can help a person with MS to reclaim those sun-splashed days of summer and the countless activities associated with the season, like gardening, fishing, walking, biking, family outings, barbeques, and baseball games. The MSF Cooling Program offers a variety of items, free of charge, including:

- **Cooling vests**
- **Neckties**
- **Wristbands**
- **Bandanas**
- **Work collars**
- **Skull-pads**
- **Cooling pillows**
- **Baseball hats**
- **Gardening hats**



THE MSF HOME CARE ASSISTANCE GRANT PROGRAM

The MSF understands the daily needs and challenges that must be met by individuals with MS and their caregivers. In order to meet these needs in the most timely and efficient manner, the MSF Home Care Assistance Grant Program serves as a liaison between the patient and the local resources that are available to meet his or her specific needs. Should resources within the patient's community be unavailable, direct support will be provided on a temporary basis through the MSF Home Care Assistance Grant Program.

Available Services include:

Home Care, such as personal hygiene services, light housekeeping, grocery shopping, meal preparation and transportation to and from appointments can be provided for a limited time.

Therapy Visits, based upon individual need, may be arranged with an occupational, physical or speech therapist. Through education and training, these therapists can help to foster independence, self-esteem, and better quality of life for the person living with MS.

Respite Care may be provided on a short-term basis for a scheduled period of time. Respite allows primary caregivers the opportunity to have time out to tend to themselves or other family business with the assurance that the patient is being cared for by a properly trained individual.

Coming Home from the hospital can be a difficult time of transition. The MSF Home Care Assistance Grant Program offers a four-hour visit from an aide who will meet the patient at the hospital, provide transportation, and get the patient settled comfortably at home



HELPING MAKE "A BRIGHTER TOMORROW" SINCE 1986

THE MSF ASSISTIVE TECHNOLOGY PROGRAM

The MSF Assistive Technology (AT) Program strives to educate and assist individuals with MS across the country about the myriad of AT options available and how to access these options. The MSF AT Program may provide an AT product, help locate a product, or help with funding for a wide range of devices that allow individuals with MS to function more independently in activities of daily living, as well as recreational, educational, and vocational activities including:

Aids for Daily Living

Communication Devices

Computers and Computer Aids

Environmental Control Systems

Architectural and Vehicle Modifications

Orthotics

Seating, Positioning and Mobility Devices

Aids for Vision and Hearing

Cooling Aids



BRIGHTER TOMORROW' GRANTS

Individuals diagnosed with MS are eligible to participate in the annual Brighter Tomorrow Grant program (BTG). Brighter Tomorrow Grants of up to \$1,000 in goods or services are awarded to improve quality of life for persons living with MS. During 2005, 116 MS persons received a Brighter Tomorrow Grant, and approximately 40 additional grant applicants were helped through other programs offered by the MSF. During 2005, recipients were supplied with ramps, vehicle modifications, home modifications, computers, appliances, continuing education, health club memberships, eyeglasses, clothing, furniture, hobby supplies, and exercise equipment.



HELPING MAKE "A BRIGHTER TOMORROW" SINCE 1986

MS Center Quality of Life Grants

Since 1996, the Multiple Sclerosis Foundation (MSF) has awarded grants and endowments to universities and other organizations to actively promote quality of life and create a brighter tomorrow for those living with MS.

In 2005, the MSF expanded this initiative to include Grants to MS centers with a physical presence in the United States in need of expanding their programs and services. The MS Center Quality of Life Grant Program was established for MS Centers across the country that provide comprehensive treatment, professional resources, support, education, and information on the latest research advances. Grants are available for diagnostic services, equipment, rehabilitation services, outreach, medical care, social services, and program support that emphasize improving quality of life.



CRUISE FOR A CAUSE

The MSF Cruise for a Cause is an innovative educational program at sea, giving people with MS the opportunity to meet and learn from renowned MS specialists and break beyond barriers – both physical and emotional – while having fun with others with MS. An educational series with up-to-date medical information is provided through lectures, workshops, motivational speeches, discussion groups, and question and answer sessions. Attention is paid to special needs of travelers with MS and arrangements are made for shower chairs, scooter rentals, accessible cabins and other accessibility issues.

.

SPEAKERS AND PROGRAMS ON PAST CRUISES:

Pain and Rehabilitation- Dr. Jack Burks
Who wants to be a Myelinaire-Dr. Ben Thrower
Intimacy in MS- Dr. Fred Foley
Symptomatic Treatments for MS, the Good, the Bad
and the Ugly-Dr. Ellen Guthrie
How to Get Up when MS gets you down-Dr. Gillian
Friedman
The Role of the MS Center/ Physician-Dr. Ben
Thrower
Empowerment through Wellness- Dr. Allen Bowling
What were you thinking?!?- Dr. Rob Godsell
The Ten Commandments of living with MS.- Dr. Ben
Thrower
Beyond the EDSS- Dr. Karl Gross & Laurie Diangson
Charting your course for accessible transportation-
Walt Diangson
The Myth of Mild MS- Dr. Deborah Ewing-Wilson
JUMPSTART- Presented by the Huega Center.
Len and Cheryl Chatman
Kara Goobie Psy.D
Carol Freeman RN, MSCN
Sally Jewel RN, MSCN
Dianne Gilbert, RN, MSCN
Len and Cheryl Chatman
Sherry Adcock, RN, MSCN
Rene Montileone-Harms
Dorothea Pfohl, RN, MSCN
Marie Namey RN, MSCN
Michelle Keating RN, MSCN
Carol Freeman RN, MSCN
Wendy Booker-Team Copaxone
Ted Kalakis/ Catharine Greiser-MS Life Lines
Ambassadors
Delbert Richardson-Champion of Courage
Buddy Hayes



HELPING MAKE "A BRIGHTER TOMORROW" SINCE 1986

T H A N K Y O U !

**T H E M U L T I P L E S C L E R O S I S
F O U N D A T I O N**

P R O G R A M S A N D S E R V I C E S

F O R M O R E D E T A I L E D I N F O R M A T I O N

**P L E A S E C A L L O U R P R O G R A M
S E R V I C E
D E P A R T M E N T**

1 - 8 8 8 - M S F O C U S

O R L O G O N T O O U R W E B S I T E

W W W . M S F O C U S . O R G